

## LIST OF ANTIHISTAMINE MEDICATIONS

Medicines containing antihistamines should not be taken before skin testing  
Please continue all your other medications.

Following is the list of common Antihistamine/Decongestants that should be discontinued for the specified time before skin testing.

Actifed (Triprolidine)	- 48 hours
Allerga, Allegra D-12. Allegra -24 (Fexofenadine)	- 7 days
Astepro/Astelin Nasal Spray (Azalastine)	- 72 hours
Atarax (Hydroxyzine hydrochloride)	- 72 hours
Benadryl (Diphenhydramine Hydrochloride)	- 24 hours
Chlortrimeton (Chlorphenramine)	- 24 hours
Claritin, Claritin D-12. Claritin D-24, and Alavert (Loratadine)	- 7 days
Clarinex (Descoradine) Clarinex D-12, and Clarinex D-24	- 7 days
Dramamine	- 24 hours
Periactin (Cyproheptadine)	- 24 hours
Phenargan (Promethazine)	- 24 hours
Semprex (Acrivastine) Semprex D	- 24 hours
Tavist (Clemastine)	- 24 hours
Unisome	- 24 hours
Zyrtec, Zyrtec D-12, Zyrtec D-24 (Ceterizine)	- 72 hours
Xyzal (Levoceterizine)	- 72 hours

Most Over The Counter cough and cold medications like DayQuil, NiQuil,  
and Dimetapp, etc. - 24 hours

Please call the office or your pharmacy if you are not certain if medications you are taking have antihistamines.